



MARCH		 <i>Brunswick Senior Resources, Inc.</i> <i>Provides Nutritionally Balanced Meals for Senior</i> <i>*Menus subject to change*</i>				
HAPPY ST PATTY'S DAY		Monday	Tuesday	Wednesday	Thursday	Friday
					1 Country Style Steak Green Beans White Rice Pears Soft Roll Margarine Milk 2%	2 Southern Style Pork BBQ Cole Slaw Brown Sugar Apples Potatoes Au Gratin 4" Bun Milk 2%
5 Baked Ziti Green Beans Pineapple Tidbits Penne Noodles Bread Stick Milk 2%	6 Chicken Salad Potato Salad Peaches Wheat Bread Chocolate Chip Cookie Milk 2%	7 Beef Stroganoff Peas Pears Egg Noodles Soft Roll Margarine Oil Milk 2%	8 Beef Hot Dog Coleslaw Apple Cobbler Hot Dog Bun Baked beans Mustard/ Ketchup Packet Milk 2%	9 BBQ Chicken Breast Collard Greens Orange Macaroni and Cheese Soft Roll Margarine Oil Milk 2%		
12 Beef Meatballs w/ Marinara Sauce California Veg Mix Penne Pasta Pears Soft Roll Milk 2%	13 Sliced Ham Collard Greens Sweet potatoes w/ Pineapple Jell-O Soft Roll Margarine Milk 2%	14 Chicken Pot Pie Broccoli Brown Sugar Ap- ples Oatmeal Cookie Biscuit Milk 2%	15 Hamburger Steak W/ Brown Gravy Okra and Tomatoes Fresh Orange White Rice Soft Roll Margarine Milk 2%	16 Chicken Piccata Peas and Carrots Tropical Fruit Egg Noodles Soft Roll Margarine Milk 2%		
19 Chicken Marsala California Veg Fruit Cocktail Jello Garlic Herb -Mashed Potatoes Soft Roll Margarine Milk 2%	20 Meatloaf w/ Brown Gravy Lima beans Pears Mashed potatoes Soft Roll Margarine Milk 2%	21 Kielbasa Sausage Steamed Cab- bage Peaches Rice Soft Roll Margarine Mustard Packet Milk %	22 Baked Spaghetti Spaghetti Noodles Herb and butter Carrots Peach Cobbler Breadstick Milk 2%	23 Roasted Chicken Breast w/Garlic Herb Gravy Broccoli Strawberry Ap- plesauce Yams Soft Roll Margarine Milk 2%		
26 Stuffed Pepper Cas- serole Green Beans Tropical Fruit Rice Soft Roll Margarine Milk %	27 Chicken Breast in Mushroom Gravy Dill Carrots Pears Wild Rice Oatmeal Cookie Milk 2%	28 Sloppy Joe Baked Beans Tater Tot Casse- role Orange 4" Bun Milk 2%	29 Cheeseburger mac casserole Buttered peas Spiced baked apples Soft roll Milk 2%	30 CLOSED 