



APRIL	 <i>Brunswick Senior Resources, Inc.</i> <i>Provides Nutritionally Balanced Meals for Seniors</i> <i>*Menus subject to change*</i> 			
Monday	Tuesday	Wednesday	Thursday	Friday
2 Country Style Steak Green Beans White Rice Peaches Soft Roll Margarine Milk 2%	3 Chicken Pot Pie Broccoli Spiced Warm Peaches Biscuit Margarine Milk 2%	4 Southern Style Pork BBQ Cole Slaw Brown Sugar Ap- ples Potatoes Au Gratin 4" Bun Milk 2%	5 Hamburger Steak W/ Brown Gravy Okra and Tomatoes Fresh Orange White Rice Soft Roll Margarine Milk 2%	6 Baked Chicken Breast w/ Mushroom Gravy Dill Carrots Chilled Pears Mashed Potatoes Whole Wheat Roll Milk 2%
9 Turkey Meatballs w/ Marinara Sauce Whole Wheat Pen- ne Pasta Green Salad Pineapple Tidbits Ranch Dressing Bread Stick Milk 2%	10 Baked Boneless Pork Chop Potatoes Au Gratin Steamed Cabbage Brown Sugar Ap- ples Whole Wheat Roll Margarine Milk 2%	11 Beef Stroganoff Peas Pears Egg Noodles Soft Roll Margarine Milk 2%	12 BBQ Chicken Breast Collard Greens Orange Mac & Cheese Soft Roll Margarine Milk 2%	13 Sloppy Joe Baked Beans Tater Tots Chilled Pears 4 " Bun Milk 2%
16 Beef Meatballs w/ BBQ Sauce Cheesy Hash- browns California Blend Veg Tropical Fruit Soft Roll Margarine Milk 2%	17 Sliced Ham Country Style Green beans Whipped Sweet potatoes Baked Apples and Cranberries Soft Roll Margarine Milk 2%	18 Chicken Salad Three Bean Salad Peaches Wheat Bread Chocolate Chip Cookie Milk 2%	19 Beef Hotdog Coleslaw Baked Beans Hotdog bun Apple Cobbler Mustard Milk 2 %	20 Chicken Teriyaki Brown Rice Asian Veggies Vanilla Pudding Mandarin Oranges Soft Roll Margarine Milk 2%
23 Chicken Marsala California Veg Baked apples Garlic Herb - Mashed Potatoes Soft Roll Margarine Milk 2%	24 Shepherd's Pie Buttered Peas Mixed Berry Cob- bler Whole Wheat Roll Milk 2%	25 Kielbasa Sausage w/ Peppers & Onions Sauerkraut Creamed Corn Hotdog bun Spiced Pears Margarine Mustard Packet Milk %	26 Baked Spaghetti Spaghetti Noodles Peas and Carrots Peach Cobbler Breadstick Milk 2%	27 Roasted Chicken Breast w/Garlic Herb Gravy Broccoli Strawberry Ap- plesauce Yams Soft Roll Margarine Milk 2%
30 Stuffed Pepper Cas- serole Green Beans Tropical Fruit Rice Soft Roll Margarine Milk %	