


<b>JULY</b>		<i>Brunswick Senior Resources, Inc. Provides Nutritionally Balanced Meals for Seniors</i>				
<i>*Menus subject to change*</i>						
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>		
2 Stuffed Shells w/ Meat Sauce Green Salad w/ Dressing Garlic Bread Brownie Fruit Juice 100%	3 All American Cheeseburger Lettuce & Tomato Bagged Chips Ketchup, Mayo Bun 4" Apple Pie Milk 2%	4 <b>CLOSED</b>  	5 Chicken Salad Pasta Salad Cucumber Salad Mandarin Oranges Wheat Bread Cookie Milk 2%	6 Fish Sandwich Coleslaw Hushpuppies Oven Roasted Potatoes Chilled Peaches 4 " Bun Chocolate Chip Cookie Milk 2 % Tarter Sauce		
9 Italian Meatballs w/ Marinara Sauce Whole Wheat Penne Pasta Green Salad Tropical Fruit Ranch Dressing Bread Stick Milk 2%	10 Sliced Ham Country Style Green beans Sweet Potato Cas- serole Applesauce Soft Roll Margarine Milk 2%	11 Vegetable Lasa- gna Green Salad w/ Dressing Breadstick Chocolate Pud- ding Pineapple Tidbits Milk 2%	12 BBQ Chicken Breast Collard Greens Orange Mac & Cheese Peach Cobbler Soft Roll Margarine Milk 2%	13  Turkey and Cheese on Wheat Lettuce Tomato Potato Salad Mayo, Mustard Chilled Pears Milk 2%		
16 Pork Marsala Orzo w/Parmesan cheese and Spinach Seasoned Carrots Baked Apples Milk 2% Whole Wheat Roll	17 Baked Chicken w/ Mushroom Gra- vy Broccoli Au Gratin Chilled Pears Mashed Potatoes Whole Wheat Roll Milk 2% Margarine	18 Mexican Fiesta Casserole Confetti Corn Corn Bread Tropical Fruit Cinnamon Roll Sour Cream Milk 2%	19 Beef Hotdog Coleslaw Baked Beans Hotdog bun Jello w/ fruit Mustard Milk 2 %	20 Chicken Fajitas w/ Peppers and Onions Spanish Rice Pinto Beans Soft Taco Shells Mandarin Oranges Chocolate Pudding Milk 2%		
23 Shepherd's Pie Lima Beans Mixed Berry Cobbler Whole Wheat Roll Milk 2%	24 Pork Cutlet w/ Gra- vy Great Northern Beans Mashed Potatoes Applesauce Whole Wheat Roll Margarine Milk 2%	25 Kielbasa Sausage w/ Peppers & Onions Sauerkraut Hotdog bun Spiced Pears Margarine Mustard Packet Milk 2%	26 Baked Spaghetti Spaghetti Noodles Green Salad Peach Cobbler Breadstick Dressing Milk 2%	27 Chicken Teriyaki Brown Rice Asian Veggies Vanilla Pudding Mandarin Oranges Soft Roll Margarine Milk 2%		
30 Country Fried Chick- en w/ Gravy Mashed Potatoes Green Beans Biscuit Jello Milk 2% Margarine	31 Southern Style Pork BBQ Cole Slaw Brown Sugar Ap- ples Potatoes Au Gratin 4" Bun Milk 2%					