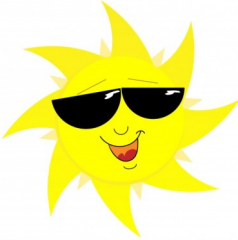



AUGUST	<i>Brunswick Senior Resources, Inc. Provides Nutritionally Balanced Meals for Seniors</i> *Menus subject to change*				
Monday	Tuesday	Wednesday	Thursday	Friday	
		1 Baked Pork Chop Potatoes Au Gratin Steamed Cabbage Applesauce Whole Wheat Roll Margarine Milk	2 Chicken Salad Pasta Salad Cucumber Salad Mandarin Oranges Wheat Bread Cookie Milk 2%	3 Fish Sandwich Coleslaw Hushpuppies Oven Roasted Potatoes Chilled Peaches 4 " Bun Chocolate Chip Cookie Milk 2 % Tarter Sauce	
6 Italian Meatballs w/ Marinara Sauce Whole Wheat Penne Pasta Green Salad Tropical Fruit Ranch Dressing Bread Stick Milk 2%	7 Sliced Ham Country Style Green beans Sweet Potato Casserole Applesauce Soft Roll Margarine Milk 2%	8 Vegetable Lasagna Green Salad w/ Dressing Breadstick Chocolate Pudding Pineapple Tidbits Milk 2%	9 BBQ Chicken Breast Collard Greens Orange Mac & Cheese Peach Cobbler Soft Roll Margarine Milk 2%	10 Turkey and Cheese on Wheat Lettuce Tomato Potato Salad Mayo, Mustard Chilled Pears Milk 2%	
13 Pork Marsala Orzo w/Parmesan cheese and Spinach Seasoned Carrots Baked Apples Milk 2% Whole Wheat Roll	14 Baked Chicken w/ Mushroom Gravy Broccoli Au Gratin Chilled Pears Mashed Potatoes Whole Wheat Roll Milk 2% Margarine	15 Mexican Fiesta Casserole Confetti Corn Corn Bread Tropical Fruit Cinnamon Roll Sour Cream Milk 2%	16 Beef Hotdog Coleslaw Baked Beans Hotdog bun Jello w/ fruit Mustard Milk 2 %	17 Chicken Fajitas w/ Peppers and Onions Spanish Rice Pinto Beans Soft Taco Shells Mandarin Oranges Chocolate Pudding Milk 2%	
20 Shepherd's Pie Lima Beans Mixed Berry Cobbler Whole Wheat Roll Milk 2%	21 Pork Cutlet w/ Gravy Great Northern Beans Mashed Potatoes Applesauce Whole Wheat Roll Margarine Milk 2%	22 Kielbasa Sausage w/ Peppers & Onions Sauerkraut Hotdog bun Spiced Pears Margarine Mustard Packet Milk 2%	23 Baked Spaghetti Spaghetti Noodles Green Salad Peach Cobbler Breadstick Dressing Milk 2%	24 Chicken Teriyaki Brown Rice Asian Veggies Vanilla Pudding Mandarin Oranges Soft Roll Margarine Milk 2%	
27 Country Fried Chicken w/ Gravy Mashed Potatoes Green Beans Biscuit Jello Milk 2% Margarine	28 Southern Style Pork BBQ Cole Slaw Brown Sugar Apples Potatoes Au Gratin 4" Bun Milk 2%	29 Stuffed Shells w/ Meat Sauce Green Salad w/ Dressing Garlic Bread Brownie Fruit Juice 100%	30 All American Cheeseburger Lettuce & Tomato Bagged Chips Ketchup, Mayo Bun 4" Apple Pie Milk 2%	31 Baked Pork Chop Potatoes Au Gratin Steamed Cabbage Applesauce Whole Wheat Roll Margarine Milk	