


september	<i>Brunswick Senior Resources, Inc.</i> <i>Provides Nutritionally Balanced Meals for Seniors</i> <i>*Menus subject to change*</i>			
Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED FOR LABOR DAY 	4 Fish Sandwich Coleslaw Hushpuppies Oven Roasted Potatoes Chilled Peaches 4 " Bun Chocolate Chip Cookie Milk 2 % Tarter Sauce	5 Italian Meatballs w/ Marinara Sauce Whole Wheat Penne Pasta Green Salad Tropical Fruit Ranch Dressing Bread Stick Milk 2%	6 Sliced Ham Country Style Green beans Sweet Potato Casserole Applesauce Soft Roll Margarine Milk 2%	7 Vegetable Lasagna Green Salad w/ Dressing Breadstick Chocolate Pudding Pineapple Tidbits Milk 2%
10 BBQ Chicken Breast Collard Greens Orange Mac & Cheese Peach Cobbler Soft Roll Margarine Milk 2%	11 Turkey and Cheese on Wheat Lettuce Tomato Potato Salad Mayo, Mustard Chilled Pears Milk 2%	12 Pork Marsala Orzo w/Parmesan cheese and Spinach Seasoned Carrots Baked Apples Milk 2% Whole Wheat Roll	13 Baked Chicken w/ Mushroom Gravy Broccoli Au Gratin Chilled Pears Mashed Potatoes Whole Wheat Roll Milk 2% Margarine	14 Mexican Fiesta Casserole Confetti Corn Corn Bread Tropical Fruit Cinnamon Roll Sour Cream Milk 2%
17 Beef Hotdog Coleslaw Baked Beans Hotdog bun Jello w/ fruit Mustard Milk 2 %	18 Chicken Fajitas w/ Peppers and Onions Spanish Rice Pinto Beans Soft Taco Shells Mandarin Oranges Chocolate Pudding Milk 2%	19 24 Shepherd's Pie Lima Beans Mixed Berry Cobbler Whole Wheat Roll Milk 2%	20 Kielbasa Sausage w/ Peppers & Onions Sauerkraut Hotdog bun Spiced Pears Margarine Mustard Packet Milk 2%	21 Baked Spaghetti Spaghetti Noodles Green Salad Peach Cobbler Breadstick Dressing Milk 2%
24 Pork Cutlet w/ Gravy Great Northern Beans Mashed Potatoes Applesauce Whole Wheat Roll Margarine Milk 2%	25 Chicken Teriyaki Brown Rice Asian Veggies Vanilla Pudding Mandarin Oranges Soft Roll Margarine Milk 2%	26 Country Fried Chicken w/ Gravy Mashed Potatoes Green Beans Biscuit Margarine Jello Milk 2%	27 Southern Style Pork BBQ Cole Slaw Brown Sugar Apples Potatoes Au Gratin 4" Bun Milk 2%	28 All American Cheeseburger Lettuce & Tomato Bagged chips Ketchup & Mayo Bun 4" Apple Pie Milk 2%