

DECEMBER 		 <i>Brunswick Senior Resources, Inc. Provides Nutritionally Balanced Meals for Seniors</i> <i>*Menus subject to change*</i> 		
Monday	Tuesday	Wednesday	Thursday	Friday
3 Italian Meatballs w/Marinara Whole Wheat Pen- ne Green Salad Breadstick Pineapple Tidbits Dressing 2% Milk	4 Sliced Ham Country Style Green Beans Sweet Potato Cas- serole Applesauce Soft Roll Margarine 2% Milk	5 Vegetable Lasagna Green Salad Chilled Pears Breadstick Dressing Chocolate Pudding 2 % Milk	6 Chicken Pot Pie Green Beans Biscuit Blueberry Crisp Margarine Milk 2%	7 Fish Sandwich Coleslaw Oven Roasted Pota- toes Chilled Peaches 4" bun Cookie Tarter Sauce Milk 2%
10 Pork Marsala Seasoned Carrots Orzo w/ Tomatoes, Spinach, Parmesan Cheese Baked Apples Whole Wheat Roll Margarine 2% Milk	11 Baked Chicken Breast w/ Mush- room Gravy Broccoli Au Gratin Mashed Potatoes Chilled Pears Whole Wheat Roll Margarine 2% Milk	12 Mexican Fiesta Casserole Fiesta Corn Tropical Fruit Corn Bread Cinnamon Roll Sour Cream 2% Milk	13 Beef Hot Dog Cole Slaw Baked Beans Hot Dog Bun Jello w/ Fruit Mustard 2% Milk	14 Chicken Fajita Peppers & Onions Pinto Beans Spanish Rice Soft Taco Shell Mandarin Orange Chocolate Pudding 2% Milk
17 Shepherd's Pie Lima Beans Wheat Roll Berry Cobbler Margarine 2% Milk	18 Pork Cutlet/ Gravy Great Northern Beans Mashed Potatoes Soft Roll Margarine 2% Milk	19 Kielbasa Sausage Peppers & Onions Spiced Pears Hot Dog Bun Mustard Margarine 2% Milk	20 Baked Spaghetti Green Salad Breadstick Peach Cobbler Dressing Milk 2%	21 Chicken Teriyaki Asian Veggies Brown Rice Mandarin Oranges Vanilla Pudding Soft Roll Margarine Milk 2%
24 CLOSED 	25 CLOSED 	26 CLOSED 	27 CLOSED 	28 CLOSED 
31 Chicken Parmesan w/ Spaghetti Noo- dles Green Salad Breadstick Brownie Dressing 2% Milk	1 CLOSED 	2 Baked Pork Chop Potatoes Au Gratin Steamed Cabbage Whole Wheat Roll Applesauce Margarine 2% Milk	3 Vegetable Lasagna Green Salad Pears Bread Stick Chocolate Pudding Dressing 2% Milk	4 BBQ Chicken Collard Greens Mac % Cheese Fresh Orange Peach Cobbler Soft Roll Margarine 2% Milk