

February 2019 - Daily Activity Schedule

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
No Symbol = No Fee (<i>Contributions always appreciated</i>); \$ = Fee Associated ; ^ = Requires Advanced Registration; ** = New Offering/Time				
8:30 Coffee w/ Friends 9:30 Rummikub 10:00 Sew Simple 11:00 Tai-Chi	8:30 Coffee w/ Friends 10:00 Paper Crafting 10:00 Crochet Class**	8:30 Coffee w/ Friends 10:00 Rummikub 11:00 Zumba Gold**	8:30 Coffee w/ Friends 9:30 Rummikub/Dominoes 10:00 Oil Painting 10:00 Knitting Group 11:00 Pilates**	8:30 Coffee w/ Friends 10:00 Rummikub 11:00 Tai-Chi
12:00PM Lunch	12:00PM Lunch	12:00PM Lunch	12:00PM Lunch	12:00PM Lunch
12:15 Tai-Chi/Qi-Gong 1:00 Line Dancing 1:00 Pine Needle Craft^\$	12:45 Tabata Seated** 1:00 Sleep Mats 3:15 GeriFit	1:00 Mah-Jongg** 1:00 Watercolor Painting 1:00 Coups for Troops	1:00 Crafts, Crafts Crafts** 3:15 GeriFit	1:00 Silver Samurai 1:00 Latch Rug Hooking**\$

February 2019- Monthly Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Regular Monthly & Semimonthly Events: 1st Wednesday: Nutrition Class w/ Mallory Balice 12:00A 2nd Wednesday: Hired Hands Band Performance 11A 2nd Thursday: Caregiver Support Group 2P 2nd Friday: Recipe Swap 1P 1st & 3rd Thursday: Movie & Popcorn at the Center 2P Last Wednesday: Monthly Day Trip (Details TBA) Last Friday: Birthday Celebration—Dessert @ Lunch Special Events & Presentations: February 4: Meet & Greet w/ Casey-9:30A ,Come meet the new Supply Asst. Director February 11,18,25 & March 4: Pine Needle Basket Making, 10A Mini-Series w/ Joan Menninger. Register by 1/22/19 February 12: Senior Games Presentation: 12P w/ Joyce Lowrimore February 12: Garden Club , 2P, 1st Planning Meeting February 15 : Celebrate Friendship Party, 2P February 18: Donuts w/ the Director , 9:30A , Come catch up with Melissa February 21: Blood Pressure Checks, 10A Offered by Saber Healthcare
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4 MEET & GREET w/ CASEY 9:30A	5	6 NUTRITION CLASS 12P	7 CAREGIVER SUPP. GRP 2P MOVIE 2P	8 RECIPE SWAP 1P	
11	12 SENIOR GAMES 12P GARDEN CLUB 2P	13 HIRED HANDS BAND 11A	14	15 CELEBRATE FRIENDSHIP PARTY 2P	
18 DONUTS w/ DIRECTOR 9:30A	19	20	21 BLOOD PRESSURE CHECKS 10A MOVIE 2P	25 CELEBRATE FEBRUARY BIRTHDAYS 12:30PM	
25	26	27 TBA MONTHLY DAY TRIP!	28 828	Supply Center Holiday Arts & Crafts Fair!	



101 Stone Chimney Rd.
Supply, NC
Hrs: M-F 8A-4P
910-754-7604
www.bsrinc.org