


<p>MARCH</p> <p>HAPPY ST PATTY'S DAY</p>	<p style="text-align: center;"><i>Brunswick Senior Resources, Inc.</i>  <i>Provides Nutritionally Balanced Meals for Senior</i></p> <p style="text-align: center;">*Menus subject to change*</p>			
Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>4            Chicken Teriyaki            Asian Veggies            Brown Rice            Vanilla Pudding            Mandarin Oranges            Margarine            Roll            Milk 2%</p>	<p>5            Smoked Sausage            Peppers and Onions            White Rice            Hot Dog Bun            Mustard            Milk 2%</p>	<p>6            Pork Marsala            Seasoned Carrots            Orzo w/            Tomatoes, Spinach,            Parm Cheese            Wheat Roll            Baked Apples            Milk 2%</p>	<p>7            Stuffed Cordon Bleu            Chicken Breast            Rice Pilaf            Mixed Veggies            Roll            Fruit Salad            Margarine            Milk 2%</p>	<p>1            Breaded Fish Filet            Hushpuppies            Coleslaw            Roasted Potatoes            Chilled Pears            Hamburger Bun            Chocolate Chip            Cookie            Tarter Sauce            Milk 2%</p> <p>Swedish Meatballs            Buttered Egg Noodles            Peas &amp; Carrots            Hot Spiced Fruit            Wheat Roll            Margarine            Milk 2%</p>
<p>11            Chicken Rice Bake            Seasoned Green Beans            Glazed Carrots            Wheat Roll            Baked Apples            Margarine            Milk 2%</p>	<p>12            Vegetable Beef Soup            Green Salad            Grilled Swiss Cheese            Saltines            Dressing            Jello            Milk 2%</p>	<p>13            Chicken Salad            Lettuce &amp; Tomato            Potato Salad            Whole Wheat Bread            Chips            Mandarin Oranges            Milk 2%</p>	<p>14            Baked Lemon Pepper Fish            Mixed Veggies            Mac &amp; Cheese            Banana            Fruit Cobbler            Roll            Margarine            Milk 2%</p>	<p>15            Beef Chili w/ Beans            White Rice            Green Salad            Apple and Raisin            Compote            Saltines            Sour Cream            Milk 2%</p>
<p>18            Pork Cutlet w/ Gravy            Great Northern Beans            White Rice            Applesauce            Roll            Margarine            Milk 2%</p>	<p>19            Baked Chicken w/ Mushroom Gravy            Broccoli Au Gratin            Mashed Potatoes            Chilled Pears            Wheat Roll            Margarine            Milk 2%</p>	<p>20            Shepard's Pie            Lima Beans            Berry Cobbler            Wheat Roll            Margarine            Milk 2%</p>	<p>21            Vegetable Lasagna            Green Salad            Pears            Breadstick            Chocolate Pudding            Breadstick            Milk 2%</p>	<p>22            Chicken Pot Pie            Green Beans            Biscuit            Blueberry Crisp            Margarine            Milk 2%</p>
<p>25            Chicken Alfredo w/ Fettuccini            Steamed Broccoli            Caesar Salad            Chocolate Brownie            Breadstick            100% Fruit Juice</p>	<p>26            Baked Pork Chop            Potato Au Gratin            Steamed Cabbage            Applesauce            Wheat Roll            Margarine            Milk 2%</p>	<p>27            Mexican Fiesta            Casserole            Fiesta Corn            Tropical Fruit            Cornbread            Cinnamon Roll            Milk 2%</p>	<p>28            Rosemary Baked Chicken            Mashed Red Skinned Potatoes            Green Peas &amp; Onions            Brownie            Roll            Margarine            Milk 2%</p>	<p>29            Meatballs w/ Marinara Sauce            Whole Wheat Pasta            Green Salad            Breadstick            Dressing            Milk 2%</p>