


MAY	<i>Brunswick Senior Resources, Inc. Provides Nutritionally Balanced Meals for Seniors</i> <i>*Menus subject to change*</i>			
Monday	Tuesday	Wednesday	Thursday	Friday
		1 Baked pork chop w/ gravy Seasoned carrots Orzo w/ spinach, tomatoes & parmesan cheese Baked apples Wheat roll Margarine Milk 2%	2 Stuffed chicken cordon bleu Mashed potatoes Mixed steamed veggies Fruit salad Soft roll Margarine Milk 2%	3 Swedish meatballs w/ gravy Buttered egg noodles Peas & carrots Hot spiced fruit Wheat roll Margarine Milk 2%
6 Chicken rice bake Seasoned green beans Glazed carrots Baked apples Soft roll Margarine Milk 2%	7 Baked spaghetti Green salad w/ dressing Buttered peas Strawberry applesauce Breadstick Parmesan cheese Milk 2%	8 Chicken salad sandwich w/ lettuce tomato Potato salad Mandarin oranges Potato chips Milk 2%	9 Sliced glazed ham Mashed sweet potatoes Green beans Peach cobbler Soft roll Milk 2%	10 Pinto beans Mixed greens Mashed potatoes Green beans Cornbread Mixed berry cobbler Milk 2%
13 Chicken alfredo w/ fettuccini Steamed broccoli Green salad w/ dressing Chocolate brownie 100 % fruit juice	14 Mexican casserole Fiesta corn Tropical fruit Cornbread Cinnamon roll Milk 2%	15 Meatballs w/ marinara sauce Whole wheat penne Green salad Breadstick Milk 2%	16 Chopped BBQ Cole slaw Potato wedges Baked cinnamon apples Hamburger bun Milk 2%	17 Baked lemon pepper fish Mixed veggies Mac and cheese Banana Fruit cobbler Soft roll Margarine Milk 2%
20 Stuffed pepper casserole Buttered corn Fruit cocktail Soft roll margarine Milk 2%	21 Baked chicken breast w/ mushroom gravy Broccoli au gratin Mashed potatoes Wheat roll Margarine Milk 2%	22 Country style steak w/ gravy Succotash Potatoes au gratin Chocolate chip cookie Margarine Milk 2%	23 Vegetable lasagna Green salad w/ dressing Chilled pears Chocolate pudding Breadstick 100% fruit juice Milk 2%	24 Chicken pot pie Green beans Biscuit Blueberry crisp Margarine Milk 2%
27 Chicken teriyaki Asian veggies Brown rice Vanilla pudding Mandarin oranges Soft roll Milk 2%	28 Smoked sausage Peppers and onions White rice Tropical fruit Hot dog bun Mustard Milk 2%	29 Baked pork chop w/ gravy Seasoned carrots Orzo w/ spinach, tomatoes & parmesan cheese Baked apples Wheat roll Margarine Milk 2%	30 Stuffed chicken cordon bleu Mashed potatoes Mixed steamed veggies Fruit salad Soft roll Margarine Milk 2%	31 Swedish meatballs w/ gravy Buttered egg noodles Peas & carrots Hot spiced fruit Wheat roll Margarine Milk 2%